
Monitoring Latency

(Pro Tools LE)

Because Pro Tools LE uses the host processor in your computer for all audio processing, playback, and recording, there is a small amount of audio delay, or latency, in the system. This latency amount is related to the H/W Buffer Size—the larger the buffer size the greater the latency.

You can reduce the amount of monitoring latency for Pro Tools LE systems by reducing the H/W Buffer Size. However, even at the smallest buffer size, there is still some latency. In addition, reducing the buffer size limits the number of simultaneous audio tracks you can record without encountering performance errors.

While there may be times when you want a larger buffer size, such as when you have higher track counts with more plug-ins, you'll generally want a smaller buffer size when recording audio that is monitored through your Pro Tools LE system.

If you are monitoring the recording source with an external mixer before it is routed to Pro Tools, you will not hear any latency.

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